



OUR SERVICES

STAR OF NEW GENERATION COMPANY LTD.



STAR OF NEW GENERATION1 COMPANY LTD.

“MENTAL HEALTH FOR INDIVIDUALS’ AND GENERATIONS’ WELFARE.”

Star of New Generation1 Company Limited (SNG1) is a company that mainly deals with mental health and generational related services. SNG1 is a recognized and registered company in Tanzania with **Reg. No. 171466490**. The company aims at accelerating individuals’ mindset transformation so they can be open to ideas, comprehensively digest and make valid conclusions out of the ideas received. Individuals’ transformed mindset will improve not only their individual but also their generations’ lives. Furthermore, mindset transformation improves individuals’ mental well-being.

SNG1 Company was found and established by Psychologist Baraka Adolph T. Mushobozi in 2021 where it began as an office. As the founder, Psychologist Mushobozi is an expert in providing psychological as well as psychological laboratory related services. He, furthermore conducts trainings, mentorship and coaching programs to individuals and experts within his country Tanzania and from different countries of the world as well. Individuals from such countries as Germany, France, Austria and Hungary have benefited the training, mentorship and coaching programs done by Mr. Mushobozi under SNG1 Company. Mr. Mushobozi has also designed psychological models which guide psychological services provision by SNG1 together with other psychological services providing agents and or institutions. SNG1 owns and is guided by its unique motto **“MENTAL HEALTH FOR INDIVIDUALS’ AND GENERATIONS’ WELFARE.”**

✦ **VISION**

To assist individuals attain, improve and maintain good mental health for their own as well as their generations’ welfare.

✦ **MISSION**

To provide psychological services which foster individuals’ mindset transformation for their own as well as generations’ better mental health and welfare.



OUR SERVICES



As a company dedicated to promoting and fostering mental health to individuals and generations, SNGI offers a variety of mental health services in a long run of achieving its vision. The table below will help you discover a comprehensive range of psychological and generational-based services designed to empower you, your family, and individuals of all ages.

S/N	SERVICE NAME	SERVICE TYPE
S01.	GENERATIONAL MINDSET THERAPY	<ul style="list-style-type: none"> ✦ Generational mindset psychoeducation ✦ Generational mindset counseling ✦ Generational mindset coaching ✦ Generational mindset mentorship ✦ Generational mindset psychological tests ✦ Generational mindset psychological treatments ✦ Generational mindset assessments ✦ Generational mindset books ✦ Generational mindset trainings ✦ Generational mindset psychological models ✦ Generational mindset consultation ✦ Researches on generational mindset therapy
S02.	COUNSELING	<ul style="list-style-type: none"> ✦ Individual counseling ✦ Group counseling ✦ Relationships counseling ✦ Generational mindset counseling ✦ Counseling consultation ✦ Career guidance and counseling ✦ Supportive counseling

S/N	SERVICE NAME	SERVICE TYPE
		<ul style="list-style-type: none"> ✦ Crisis and loss counseling ✦ Pre-marital counseling ✦ Marital counseling ✦ Child counseling ✦ Family counseling ✦ Spiritual counseling ✦ Substance use counseling ✦ Counseling trainings ✦ Counseling psychoeducation ✦ Counseling books ✦ Counseling coaching ✦ Counseling mentorship ✦ Counseling psychological models ✦ Psychological researches in counseling
S03.	PSYCHOTHERAPIES	<ul style="list-style-type: none"> ✦ Cognitive behavioral therapy ✦ Psychodynamic therapy ✦ Family therapy ✦ Generational therapy ✦ Humanistic therapy ✦ Behavioral therapy ✦ Integrative therapy ✦ Psychological researches in psychotherapies
S04.	PRODUCTION PSYCHOLOGY	<ul style="list-style-type: none"> ✦ Production psychoeducation ✦ Creating awareness on the influence of mental health on production ✦ The role played by psychological disorders in production training ✦ Integrating individual abilities in production for generations' welfare ✦ Work place stress management ✦ The role of generational mindset in maximizing production training ✦ Transformed mindset and effective production training ✦ Psychological assessments ✦ Researches in production psychology

S/N	SERVICE NAME	SERVICE TYPE
		<ul style="list-style-type: none"> ✦ Counseling individuals involved in production ✦ Psychological treatments for production maximization ✦ Personality identification in relation to individual productivity ✦ Production psychological model training ✦ Psychological books to improve mental health for effective production ✦ Psycho-production mentorship ✦ Psycho-production coaching ✦ Staff mental health consultation ✦ The role of substance use in production training
S05.	MIND REJUVINATION	<ul style="list-style-type: none"> ✦ Psychoeducation ✦ Psychological assessments ✦ Psychological interventions ✦ Mind-Rejuvenation mindset transformation ✦ Generational mindset in psycho-tourism ✦ Mental health and Mind-Rejuvenation ✦ Psychological disorders in tourism ✦ Mind-Rejuvenation counseling ✦ Mind-Rejuvenation trainings ✦ Psychological designing in tourism ✦ Distinctive animal psychological understanding for mental health enhancement ✦ Researches in Mind-Rejuvenation

S/N	SERVICE NAME	SERVICE TYPE
S06.	PSYCHOLOGY IN REAL LIFE	<ul style="list-style-type: none"> ✦ Unique psychological application of poverty alienation ✦ Understanding individuals' psychological wellbeing in real life situations ✦ Psychological assessments ✦ Psychological interventions ✦ Researches on psychology in real life ✦ Individuals' psychological wellbeing understanding in projects planning, implementation and management ✦ Psychological assessment and support provision to projects beneficiaries ✦ Mindset transformation ✦ Human life cycle and life transitions awareness development ✦ Creating awareness on the relationship between individuals' mental health and daily life situations ✦ Real life psychological mentorship ✦ Psychological models ✦ Trainings ✦ Psychoeducation
S07.	CULTURAL PERSPECTIVES & PSYCHOLOGY	<ul style="list-style-type: none"> ✦ Exploring and establishment of the relationship between individuals' culture and their psychological wellbeing ✦ Cultural oriented psychological disorders assessment ✦ Psychological disorders interventions ✦ Mental health researches on cultural practices ✦ Cultural relaxation projects and tours ✦ Generational mindset implementation on cultural practices

S/N	SERVICE NAME	SERVICE TYPE
		<ul style="list-style-type: none"> ✦ Cultural mindset transformation ✦ Cultural psychological designing ✦ Cultural oriented mentorship ✦ Cultural perspectives psychological models ✦ Multicultural counseling ✦ Multicultural counseling coaching ✦ Cultural perspectives psychological trainings ✦ Cultural integration in psychological interventions trainings ✦ Cultural integration in psychological interventions mentorship
S08.	MUSIC THERAPY & RELAXATION	<ul style="list-style-type: none"> ✦ Relaxation & music psychoeducation ✦ Music therapy mentorship ✦ Music therapy coaching ✦ Mental health and music therapy training ✦ Stress management in relaxation training ✦ Relaxation techniques coaching ✦ Psychological disorders treatment ✦ Mindset transformation in music therapy & relaxation ✦ Generational mindset in music therapy ✦ Psychological assessments in music therapy ✦ Counseling in music therapy ✦ Integrative approach in music therapy ✦ Music therapy tools supply ✦ Relaxation techniques assessments ✦ Relaxation coaching ✦ Healthy relaxation techniques development ✦ Relaxation books ✦ Music therapy and relaxation psychological researches

S/N	SERVICE NAME	SERVICE TYPE
		<ul style="list-style-type: none"> ✦ Relaxation and music therapy psychological models ✦ Relaxation tools supply
S09.	TALENTS & ENCOURAGING SPIRIT	<ul style="list-style-type: none"> ✦ Talents discovery and nourishment ✦ Proper talent utilization skills enhancement ✦ Talents assessments ✦ Talents coaching ✦ Talents psychoeducation ✦ Talents psychological assessments ✦ Talents psychological interventions ✦ Talents books ✦ Talents trainings ✦ Talents mentorship ✦ Talents-psychological models ✦ Talents consultation ✦ Creating awareness of the role of talents in generations' welfare ✦ Creating awareness of the wonders of talents ✦ Mindset transformation on proper talent utilization and management ✦ Mental health and talents training ✦ Psychological disorders and talents training ✦ Creating awareness on the contribution of environment in talents success ✦ Encouraging spirit uplifting ✦ Understanding the influence of mental health on spirit encouragement ✦ Understanding the influence of psychological disorders on encouraging spirit development ✦ Encouraging spirit psychological assessments ✦ Integrating generational mindset in encouraging spirit ✦ Psychological researches on talents and encouraging spirit



S/N	SERVICE NAME	SERVICE TYPE
S10.	COMPLEMENTARY TREATMENT AWARENESS	<ul style="list-style-type: none"> ✦ Psychoeducation on the relationship between psychology and nutrition ✦ Establishing the relationship between psychology and medicine ✦ Creating awareness on the relationship between psychology and physiotherapy ✦ Creating awareness on the relationship between psychology and spirituality ✦ Creating awareness on the contribution of psychology in legal affairs ✦ Creating awareness on the influence of psychology in social wellbeing ✦ Creating awareness on the relationship between psychology and other pure science disciplines ✦ Creating awareness on the relationship and influence of psychology in other social sciences disciplines ✦ Psychoeducation on the role of generational mindset in complementary treatment ✦ Creating awareness on the contribution of mental health on complementary treatment ✦ Creating awareness on the effects of psychological disorders on complementary treatment ✦ Mindset transformation on complementary treatment ✦ Psychological researches on complementary treatment
S11.	RELATIONSHIPS RELATED SERVICES	<ul style="list-style-type: none"> ✦ Intrapersonal understanding assistance ✦ Relationships psychoeducation ✦ Relationships psychological tests ✦ Relationships psychological assessments

S/N	SERVICE NAME	SERVICE TYPE
		<ul style="list-style-type: none"> ✦ Relationships psychological scars treatments ✦ Relationships initiating skills development and refinement ✦ Relationships matching ✦ Mindset transformation in relationships ✦ Psychological researches on relationships ✦ Creating awareness on the role of generational mindset in relationships ✦ Creating awareness on the influence of psychological disorders in relationships ✦ Enhancement of interpersonal skills for healthy relationships formation and or maintenance ✦ Relationships stress management skills development ✦ Relationships interventions ✦ Relationships books ✦ Relationships-psychological models training ✦ Relationships consultation ✦ Effects of substance use in relationships training ✦ Understanding the cycle of human life and its influence in relationships ✦ Creating awareness on the influence of family life cycle in successful relationships building
S12.	FOOD PSYCHOLOGY	<ul style="list-style-type: none"> ✦ Creating awareness on the relationship between mental health and healthy food intake ✦ Establishing the influence of psychological disorders in healthy food consumption ✦ Mindset transformation on healthy food intake ✦ Psychological disorders assessments

S/N	SERVICE NAME	SERVICE TYPE
		<ul style="list-style-type: none"> ✦ Eating disorders assessments ✦ Psychological disorders intervention ✦ Establishing the role of generational mindset on proper, healthy food consumption ✦ Food psychology training ✦ Researches on food psychology ✦ Training on the relationship between food and human development ✦ Creating awareness on the relationship between food and brain development ✦ Healthy nutritional supplements supply
S13.	POSITIVE PSYCHOLOGY	<ul style="list-style-type: none"> ✦ Creating awareness on the relationship between mental health and healthy food intake ✦ Establishing the influence of psychological disorders in healthy food consumption ✦ Mindset transformation on healthy food intake ✦ Psychological disorders assessments ✦ Mental health maintenance training ✦ Psychological disorders assessments ✦ Psychological disorders interventions ✦ Stress management skills training ✦ Relaxation techniques projects training ✦ Generational mindset training ✦ Mindset transformation and training ✦ Trainings ✦ Coaching ✦ Mentorship ✦ Psychological models training ✦ Psychological consultation ✦ Researches on positive psychology

S/N	SERVICE NAME	SERVICE TYPE
S14.	PSYCHOMETRICS	<ul style="list-style-type: none"> ✦ Psycho-education ✦ Psychological researches on psychometrics ✦ Trainings ✦ Coaching ✦ Mentorship ✦ Psychological instruments designing ✦ Researches on psychometrics ✦ Creating awareness on the implementation of generational mindset on psychometrics ✦ Mindset transformation on psychometrics ✦ Creating awareness on the influence of mental health on psychometrics ✦ Psychological instruments supply ✦ Psychological tests ✦ Consultation
S15.	DEVELOPMENTAL PSYCHOLOGY	<ul style="list-style-type: none"> ✦ Human development psychoeducation ✦ Establishing the role of generational mindset on successful human development ✦ Mindset transformation for successful human development ✦ Psychological disorders assessments ✦ Psychological disorders interventions ✦ Mental health improvement for successful human development ✦ Human life cycle training ✦ Family life cycle training ✦ Developmental approaches training ✦ Developmental disorders trainings ✦ Developmental disorders assessments ✦ Developmental disorders interventions ✦ Psychological researches on human development ✦ Healthy nutritional supplements supply ✦ Human development books ✦ Psychological models

